

Jefferson City High School  
Activities Office  
Home of the Jays

609 Union  
Jefferson City, MO 65101  
573-659-3056

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MEMO

To: Part Time Students and Parents

From: The Activities Office

Date: January 7, 2025

For the 2025-2026 school year JCHS is allowing students to take 1 period off per semester. There are a couple Missouri State High School Activities Association (MSHSAA) rules you need to understand that could come into play.

-If you ARE NOT involved in MSHSAA Activities (All sports, band, choir, orchestra, speech & debate, and scholar bowl) please disregard the rules below. Please sign the bottom of this sheet and return to the Activities Office before May 2025.

-If you ARE involved in MSHSAA Activities (All sports, band, choir, orchestra, speech & debate, and scholar bowl) please read the info below. Sign the bottom of this sheet and return to the Activities Office before May 2025.

- At JCHS, eligibility is determined per SEMESTER not term. The info below discusses a grading period. That is referring to a semester (2 terms).
- ENROLLMENT - You are not allowed to take off more than one period in a SEMESTER. MSHSAA says you must be enrolled in 80% of a normal schedule. 1 period off in a semester is ok (87.5%) but 2 periods off falls below the 80% threshold (71%).
- GRADES - MSHSAA also says you must earn at least 80% of credit each grading period. Thus you must earn credit in 6 of 7 classes every semester at JCHS. If you take one period off in a semester that means you CANNOT FAIL ANY CLASSES. This is another reason you cannot take more than one period off each semester.

I have read and understand the info provided. Yes \_\_\_\_\_

What MSHSAA Activities do you participate? \_\_\_\_\_

How many periods do you have off in: Semester 1 \_\_\_\_\_ and/or Semester 2 \_\_\_\_\_

Student Name \_\_\_\_\_

Student Signature \_\_\_\_\_

Parent Name \_\_\_\_\_

Parent Signature \_\_\_\_\_